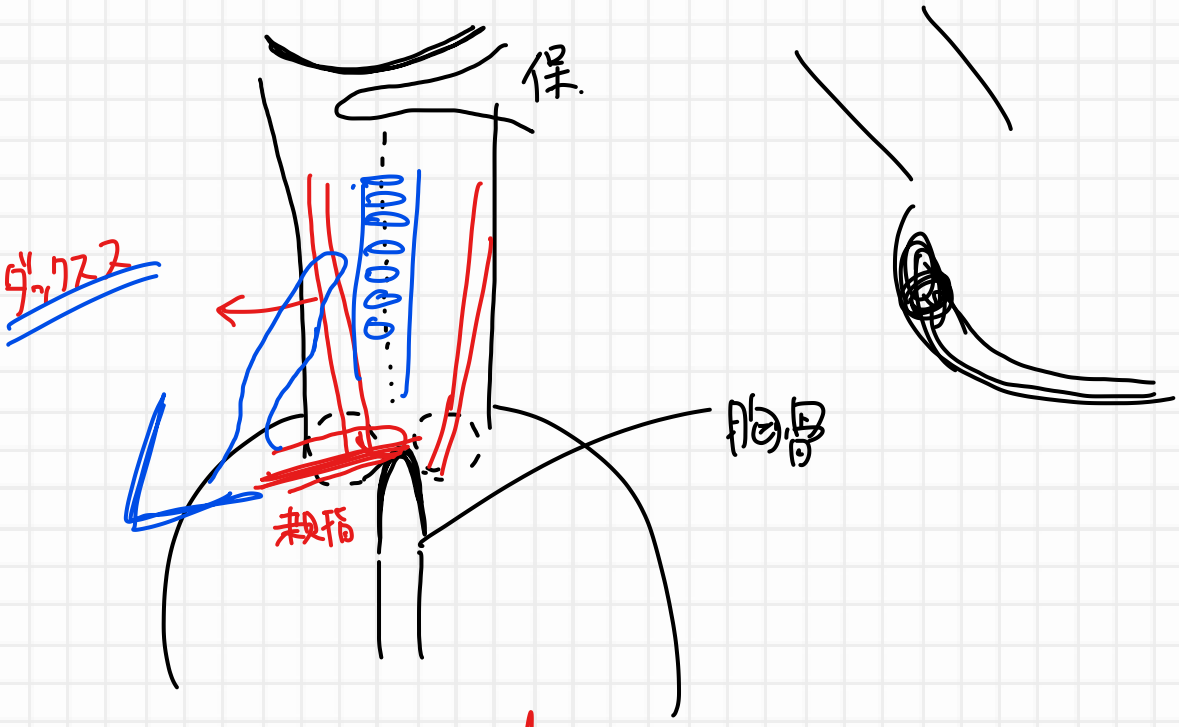
保.
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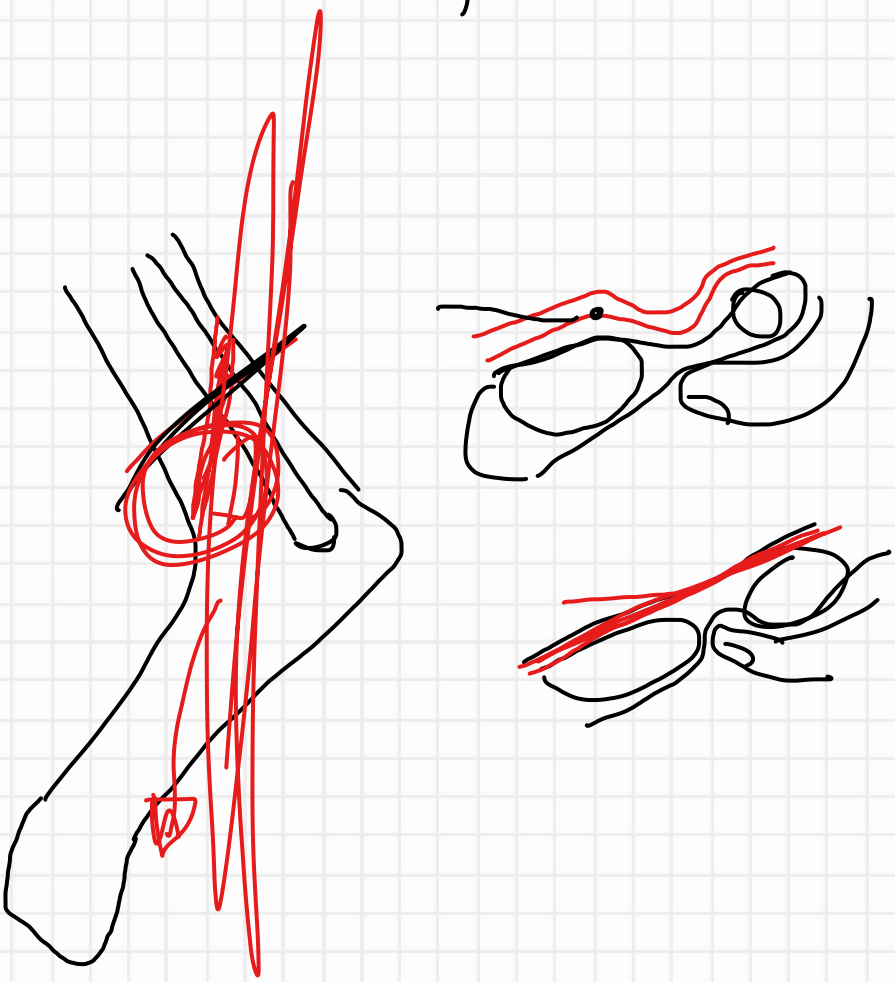
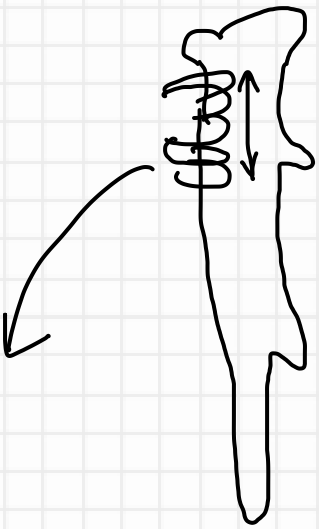
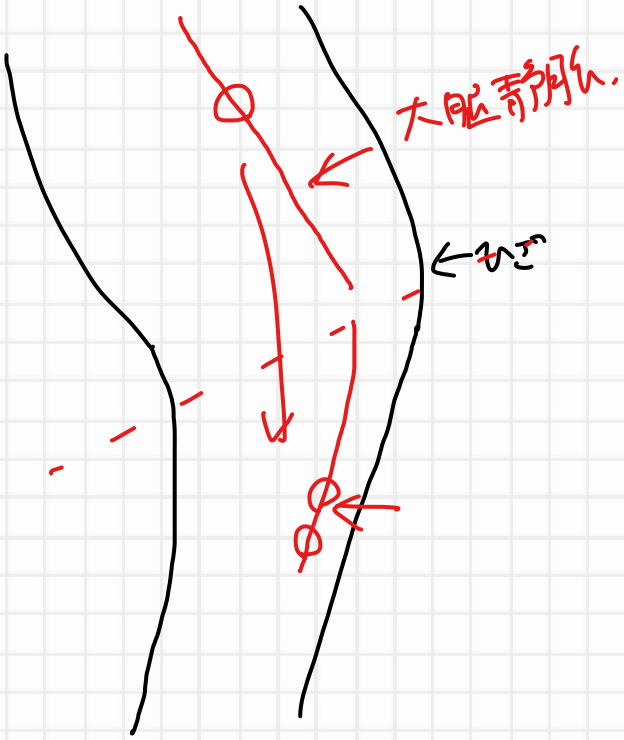
剣指






大腿筋膜張
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